



SMT.NPS GDC WOMEN CHITTOOR



YRC UNIT

(SERVE FOR HUMANITY)



YRC-COORDINATOR

SMT.P.SUREKHA

NODAL OFFICERS:

1.DR.K.USHASRI

2.SMT.L.RAJESWARI

3 .SMT.N.SRAVANI

4.DR.N.SUSEELA BHARATHI

YRC UNIT CHAIRMAN

DR.K.MANOHAR

SMT.NPS GDC WOMEN CHITTOOR

YOUTH RED CROSS REPORT 2021-22

"The Youth Red Cross" is the most important constituent of its mother organization, Indian Red Cross. It is a group movement organized at the initial stages for students between 18 and 25 years of age within the colleges. A qualified lecturer is recognized as the leader and he is called the Program Officer under his guidance, the students are trained and encouraged to manage the affairs of the group, electing their own office-Bearers.

Main Objectives of YRC:

The main purpose of organizing the Youth Red Cross is

- To inculcate in the youth of our country o an awareness on the care of their own health and that of others o the understanding and acceptance of civic responsibilities and acting accordingly with humanitarian concern, to fulfil the same.
- To enable the growth and development of a spirit of service and sense of duty with dedication and devotion in the minds of youth.
- To foster better friendly relationship with all without any discrimination Principles of YRC Youth Red Cross has the following three principles:
 - Humanity: The International Red Cross and Red Crescent Movement, born of a desire to bring assistance without discrimination to the wounded on the battlefield, endeavors, in its international and national capacity, to prevent and alleviate human suffering wherever it may be found. Its purpose is to protect life and health and to ensure respect for the human being. It promotes mutual understanding, friendship, cooperation and lasting peace amongst all peoples.
 - Impartiality: It makes no discrimination as to nationality, race, religious beliefs, class or political opinions. It endeavors to relieve the suffering of individuals, being guided solely by their needs, and to give priority to the most urgent cases of distress.
 - Neutrality: In order to continue to enjoy the confidence of all, the Movement may not take sides in hostilities or engage at any time in controversies of a political, racial, religious or ideological nature.

- **Independence** The Movement is independent. The National Societies, while auxiliaries in the humanitarian services of their governments and subject to the laws of their respective countries, must always maintain their autonomy so that they may be able at all times to act in accordance with the principles of the Movement.
- **Voluntary service** It is a voluntary relief movement not prompted in any manner by desire for gain.
- **Unity** There can be only one Red Cross or one Red Crescent Society in any one country. It must be open to all. It must carry on its humanitarian work throughout its territory.
- **Universality** The International Red Cross and Red Crescent Movement, in which all Societies have equal status and share equal responsibilities and duties in helping each other, is worldwide.

Motto: Youth Red Cross Unit members are the builders of the Nation who take part in bringing the very MOTTO of Red Cross, that is, "SERVICE TO SOCIETY"

Formation Of YRC At College Level:

Youth represent a substantial part of the membership of Red Cross for its humanitarian commitment. Young volunteers can make a significant contribution to meeting the needs of the most vulnerable people within their local communities through Red Cross youth programme. This has been designed to involve young people as much as possible in the movement and its activities not only as workers and also as beneficiaries, but as partners in management.



The programme focuses on the following areas:

- Promote life and health through training and education on safety, primary health care and healthy living.
- Encourage community service through training and education
- Promote international friendship with activities that cultivate a humanitarian spirit
- Technical support in the development of youth programmes, fund-raising, identification of material and human resources.

To ensure effective functioning of YRC a committee was constituted for the year 2021 -22 with:

Chairman	DR.K.MANO HAR
Coordinator	P.SUREKHA, YRC Programme Officer
Members	1.DR.K.USHASRI 2.SMT.L.RAJESWARI 3.SMT.N.SRAVANI 4.DR.N.SUSEELA BHARATHI
Student members	K.Meena, 2 Mzc K. Sharmila, 3 Mzc M.Hemalatha 3 B.Com

College has officially registered(RENEWAL) its Youth Red Cross wing during this academic year. Any student of any discipline can become an YRC member, under the guidance of a program officer P.SUREKHA

Motto: Youth Red Cross Unit members are the builders of the Nation who take part in bringing the very MOTTO of Red Cross, that is, "SERVICE TO SOCIETY

Our College has an extension service in the name of Youth Red Cross (YRC) and students actively participate events conducted regularly under the guide ship of. Mrs P.SUREKHA, Assistant Professor, Department of CHEMISTRY and the student secretary of YRC is Miss. K.SHARMILA of III B.SC MZC.



YRC ACTIVITIES 2021-22

INTERNATIONAL YOGA DAY

Date: 21-06-2021

No. of faculty & students involved: 25

Objective of the program: To raise awareness about worldwide benefits of practicing yoga.



Yoga Day Celebrated On 21st June For The Year 2021, on this day all the staff members done suryanamaskaras and some important yogasanas. Our beloved Principal Sir delivered a talk on importance of Yoga and maintenance of Health and fitness. During this program social distance and required precautions were maintained. All the faculty involved in this activity and made it success.

Outcome: It provides significant relief from physical ailments and mental tension which plagues our day to day life.

Report verified by


Principal
Smt. N.P.S. Govt. College for Women
CHITTOOR-517002.(A.P.).

YRC UNIT FORMATION AND ORIENTATION PROGRAMME:

Date: 30 July 2021

No. of students involved: 150

Objective of the program: To raise awareness about YRC and service activities .



The inauguration of Youth Red Cross for the academic year 2021-22 was held on JULY 2021. On that occasion Mrs. P.SUREKHA, Assistant Professor, Department of Chemistry was selected as the Programme Officer and given orientation and announced this year Indian red cross offers free membership. In this connection all students are taken membership in YRC. Coordinator explained the action plan for the academic year and motivated the students towards service oriented activities and role of youth.

Outcome: It helps to create awareness about service oriented activities and role of youth in service activities.

Report verified by


Principal
Smt. N.P.S.Govt. College for Women
CHITTOOR-517002.(A.P.).

Distribution of masks and sanitizers under YRC, In collaboration with Lions club JCI:

Date: 13 august , 2021

No. of students involved: 43

Objective of the program: To raise awareness about Covid Vaccination and preventive measures.



Our college YRC Unit in collaboration with JCI and Lions club of Chittoor organizations distributed masks and Sanitizers for the teaching, non teaching, outsourcing staff in our college and given instructions regarding corona second wave precautions and about vaccination. Our beloved Principal Sir delivered a talk on importance, usage of mask and maintenance of social distancing. During this program social distance and required precautions were maintained.

Outcome: It provides significant relief from physical ailments and mental tension which faces during pandemic and inculcate helping nature in students.

Report verified by


Principal
Smt. N.P.S.Govt. College for Women
CHITTOOR-517002.(A.P.).

Covid Vaccination Drive:

Date: 10 august 2021

No. of beneficiaries: 86

Objective of the program: To raise awareness about covid vaccination and precautions



Our college YRC unit with the collaboration of Govt. hospital staff organized covid vaccination drive for students above 18 and given awareness regarding vaccination and covid precautions. Nearly 120 students get vaccinated with covishield and covaxine .

Outcome: This program helps to create awareness about covid vaccination and benefited to students .

Report verified by

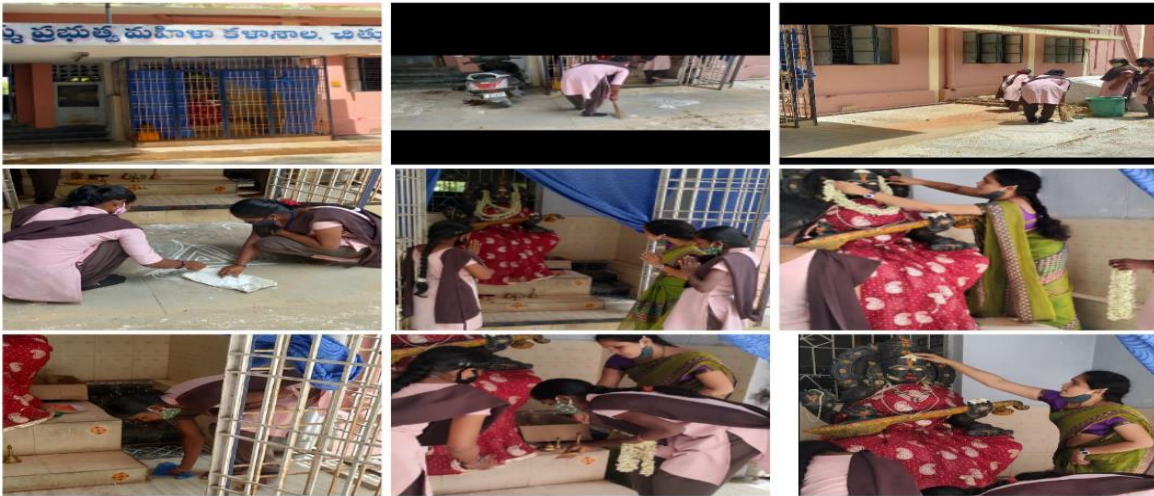

Principal
Smt. N.P.S.Govt. College for Women
CHITTOOR-517002.(A.P.).

Cleaning of campus and saraswati mandir under YRC&International youth day celebration:

Date:12-08-2021

No.of beneficiaries:75

Objective of the program: To raise awareness about maintaining of campus and surroundings



In our college Saraswati mandir has cleaned and decorated and done pooja under YRC volunteers and prayed goddess saraswati. Also cleaned premises of college and watering to all plants. Our beloved Principal Sir delivered a talk on principles of good student and their role and role of youth in developing the country and social service on the occasion of youth day. During this program social distance and required precautions were maintained.

Outcome: It improves hygiene level in campus and helps to reduce the spread of sickness ,maintain a clean college environment sets a good example to students.

Report verified by


Principal
Smt. N.P.S.Govt. College for Women
CHITTOOR-517002.(A.P.).

PLANTATION:

Date :09-09-2021

No.of students involved in this activity:32

Objective of the program: To raise awareness about plantation and adopting the plants and its maintainance



District YRC unit has donated various saplings for plantation and planted nearly 50 trees in the premises of our campus and also watered the all plants.

Outcome: It provides significant relief from physical ailments and mental tension which plagues our day to day life.

Report verified by


Principal
Smt. N.P.S.Govt. College for Women
CHITTOOR-517002.(A.P.).

Awareness and Usage of water and energy:

Date:12-11-2021

No.of beneficiaries:65

Objective of the program: To raise awareness about usage of water and energy and importance of



YRC Coordinator Mrs. P. Surekha has delivered a talk on importance of conservation of water and energy sources and planned implement the rain water harvesting in campus.

Outcome: It provides significant relief from physical ailments and mental tension which plagues our day to day life.

Report verified by


Principal
Smt. N.P.S. Govt. College for Women
CHITTOOR-517002.(A.P.).

AIDS DAY RALLY AND AWARENESS:

Date: 01-12-2021

No .of students involved : 76

Objective of the program: To raise and create awareness about AIDS and its preventive measures.



Outcome: This programme helps to bring awareness on aids in the society.

Report verified by


Principal
Smt. N.P.S.Govt. College for Women
CHITTOOR-517002.(A.P.).

AWARENESS ON HEALTH AND HYGINE ,COVID(SURVEY ON VACCINATION):

Date: 06-01-2022

No. of students involved: 36

Objective of the program: To adopt health and hygiene practices and precautions



Outcome: This Program helps to create awareness among the girls children about health and hygiene and precautions follow during pandemic situation.

Report verified by


Principal
Smt. N.P.S. Govt. College for Women
CHITTOOR-517002.(A.P.).

WOMENS DAY CELEBRATION :

Date:03-08-2022

No. of participants: 250

Objective of the program: : To celebrate the achievements of women and seeking gender equality.



International womens day celebrated in collaboration with JVV and felicitated successful women in various fields. In this mrs. Andhra- Rani garu addressed the gathering. All the staff members and students involved in this programme.

Outcome: It provides significant relief from physical ailments and mental tension which plagues our day to day life.

Report verified by

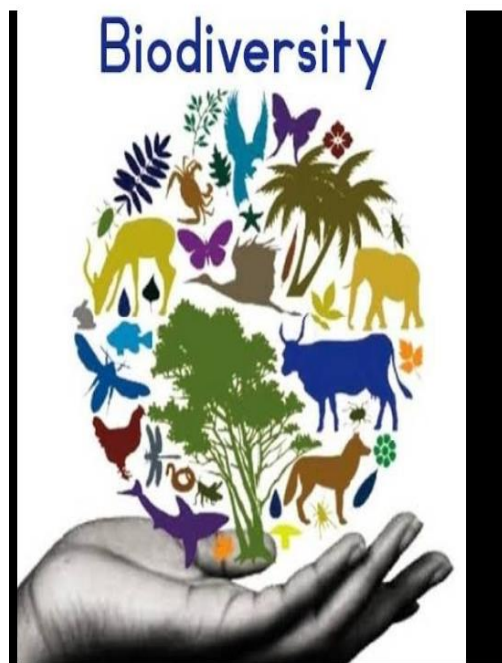

Principal
Smt. N.P.S.Govt. College for Women
CHITTOOR-517002.(A.P.).

WORLD FOREST DAY CELEBRATION:

Day: 21-03-2022

No. of students involved: 25

Objective of the program: To raise awareness about forestry.



Outcome: It provides Importance of forests and biodiversity and role of human being.

Report verified by


Principal
Smt. N.P.S.Govt. College for Women
CHITTOOR-517002.(A.P.).

WORLD WATER DAY CELEBRATION:

Date: 22 March 2022

No. of participants: 52

Objective of the program: To raise awareness about world water day and its conservative methods.



ACTIVITY: RAIN WATER HARVESTING AND WATERING TO PLANTS





Our college YRC Unit has organized World water day celebration and given awareness on importance of water and done activities related to water.

Outcome:

It provides significant importance of water and its conservation.

Report verified by


Principal
Smt. N.P.S.Govt. College for Women
CHITTOOR-517002.(A.P.).

CAMPUS CLEANING:

Date: 28-03-2022

No. of students involved: 80

Objective of the program: To raise awareness about cleanliness and maintenance of dustbins in the campus.



Our college YRC volunteers along with coordinator involved in the activity of cleaning campus and dustbin maintenance in the campus and classrooms and premises of hostel.

Outcome: This program helps to inculcate the things like how to keep our surroundings clean and hygienic and maintain good environment.

Report verified by


Principal
Smt. N.P.S.Govt. College for Women
CHITTOOR-517002.(A.P.).

Health camp for hostel students

Date: 07-04-2022

No. of beneficiaries:120

Objective of the program: To raise awareness about personal health and hygiene



Our college NSS,YRC unit in collaboration with Govt. hospital conducted health camp and given awareness about hygiene and discussed various gynec problems precautions.

Outcome: This program helps to create awareness about their health

Report verified by


Principal
Smt. N.P.S.Govt. College for Women
CHITTOOR-517002.(A.P.).

GIVING AWARENESS ABOUT WOMEN STUDENTS ABOUT PERSONAL HYGINE:

Date: 13-04-2022

No.of students involved: 200

Objective of the program: To raise awareness about YRC and service activities



Our college YRC Cordinator along with NSS Team visited near junior college hostels and given awareness about Personal Hygine and health of women Students.

Outcome This program helps to inculcate the things like how to keep our health good and maintainance of hygine and maintain good environment.

Report verified by


Principal
Smt. N.P.S.Govt. College for Women
CHITTOOR-517002.(A.P.).

Plantation

Date: 02-02-2022

Objective of the program: To raise awareness about plantation and uses of plants to human life



Our college NSS unit and YRC Unit has organised plantation Programme and planted 20 trees in the college premises and also watered to all the plants and cleaned the surroundings.

Outcome: It provides and inculcates the responsibility towards a safe environment.

Report verified by

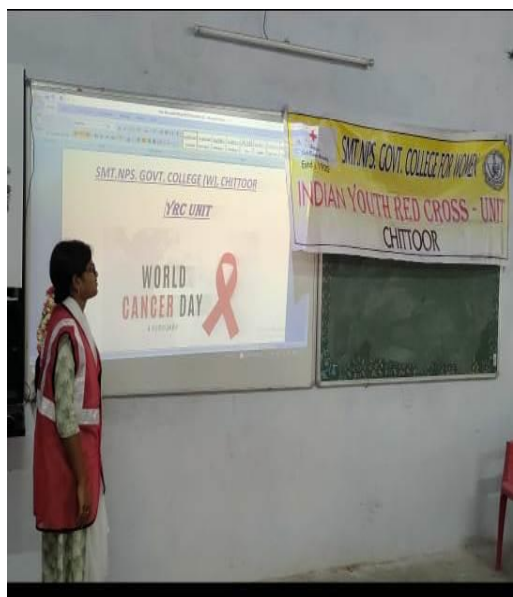

Principal
Smt. N.P.S. Govt. College for Women
CHITTOOR-517002, (A.P.).

WORLD CANCER DAY

Date:04-02-2022

No.of beneficiaries:32

Objective of the program: To raise awareness about cancer causing agents and precautions.



Outcome:It provides significant information relating to cancer causing agents.

Report verified by


Principal
Smt. N.P.S.Govt. College for Women
CHITTOOR-517002.(A.P.).

YOGA PRACTICE FOR STUDENTS ...EXAMS STRESS FREE WITH GUEST:

Date: 05-05-2022

No. of beneficiaries: 90

Objective of the program: To raise awareness about benefits of practicing yoga.



Outcome: It provides significant relief from physical ailments and mental tension which plagues our day to day life.

Report verified by


Principal
Smt. N.P.S.Govt. College for Women
CHITTOOR-517002.(A.P.).

Plantation program :

Date:25-08-2022

No.of students involved:25

Objective of the program: To raise awareness about YRC and service activities



Chief guest ex mp garu



Outcome:It provides significant relief from physical ailments and mental tension which plagues our day to day life.

world first aid day celebrations:

Date:09-09-2022

No. Of Students Involved: 70

Objective of the program: To raise awareness about First aid practice



College YRC unit along with District Branch Has organized First aid awareness Programme And given tips regarding that

Outcome:It provides significant relief from physical ailments and mental tension which plagues our day to day life.

Report verified by


Principal
Smt. N.P.S.Govt. College for Women
CHITTOOR-517002.(A.P.).

World ozone day celebration:

Date: 16-09-2022

No. of beneficiaries: 300

Objective of the program: To raise awareness about Ozone Day importance



Our college YRC Unit And NSS Unit has organised a Programme on Ozone Day Importance in collaboration with ZPHS School students and conducted Quiz on importance of Ozone.

Outcome: It provides significant importance of ozone and depletion of ozone and its role in environment protection.

Report verified by


Principal
Smt. N.P.S.Govt. College for Women
CHITTOOR-517002.(A.P.).

Blood donation and grouping:

Date:18-09-2022

No.of students involved: 12(blood donated)+268

Objective of the program: To raise awareness about donation of blood and knowing their blood grouping





Our college YRC Unit and NSS unit, RRC has conducted blood donation camp and also checked the blood grouping to all the students. Nearly 12 members donated the blood and students got benefitted by knowing their blood group. All the staff involved in this activity.

Outcome: This programme helps to promote humanitarian values towards donation of blood, aware the students about their grouping.

Report verified by


Principal
Smt. N.P.S. Govt. College for Women
CHITTOOR-517002.(A.P.).

PEER EDUCATORS FORMATION: From 100 Students enrolled 25 active, enthusiastic and committed students are selected as peer educators.

List of Peer Educators:

S.No	Name of the Peer Educator	Class
1	A EPSI	I BA CA
2	A KOUSALYA	I BA CA
3	A PAVANA KUMARI	I BA CA
4	CHEEKATIPALLE RAJITA	I BA CA
5	DUDDI JIBIYA	I BA CA
6	M.Mercy	IB.Sc(MZC)
7	V.Lokeshwari	IB.Sc(MZC)
8	K.Sireesha	IB.Sc(MZC)
9	M.Manisha	IB.Sc(MZC)
10	P.Hema	IIB.Sc(MZC)
11	K.Lavanya	IIB.Sc(MZC)
12	A.Parimala	IIB.Sc(MZC)
13	K.Meghana	IIB.Sc(MZC)
14	M.Padmavathi	IIB.Sc(Mscs)
15	K.Bhavani	II B.COM
16	ATUKURALLAPALLI ANUSHA	II B.COM
17	AVALAMADUGU CHANDRIKA	II B.COM
18	B NANDINI	II B.COM
19	C SARANYA	II B.COM
20	J THRIVENI	II B.COM

"SERVICE TO SOCIETY"